

## ***BLENDING VOICES. STRENGTHENING LIVES.***

2020 ATSA Conference | Wednesday October 21 | 11:15 AM – 1:15 PM

### **WED-MID-05**

#### **Cultural Humility in Sex Offense Assessment and Treatment**

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Sociocultural factors in the assessment and treatment of individuals who sexually offend are important to examine. Awareness of implicit biases and the cultural competence of the therapist are essential to ethical treatment. Cultural humility is the ability to maintain an interpersonal stance that is other-oriented in relation to aspects of cultural identity that are more important to the client. Participants will become informed of cultural considerations in the assessment and treatment of individuals who sexually offend. This workshop will assist participants in identifying cultural factors (i.e., racial/ethnicity, language, religion, gender/gender identity, sexual orientation, and disability) during assessment to better inform treatment and risk management recommendations.

This seminar is rated: Adult & Youth | Preliminary

#### **Learning Goals:**

- Upon completion of this educational activity, learners should be better able to explore therapist implicit biases and gain knowledge on how to become a culturally-humble clinician.
- Upon completion of this educational activity, learners should be better able to identify broad sociocultural (i.e., racial/ethnic, language, religion, gender/gender identity, sexual orientation, education, and disability) factors that influence individuals who have committed sexual offenses.
- Upon completion of this educational activity, learners should be better able to explore how cultural differences in attitudes and beliefs about sexually inappropriate behavior.

**Apryl Alexander** received a B.S. in Psychology from Virginia Tech and M.S. from Radford University. She also received her M.S. and Psy.D. in Clinical Psychology from the Florida Institute of Technology with concentrations in forensic psychology and child and family therapy. Dr. Alexander completed her pre-doctoral internship at Patton State Hospital, the largest forensic psychiatric hospital in the country. She also completed her post-doctoral fellowship in forensic psychology at Minnesota State Operated Forensic Services (MSOFS) conducting competency to stand trial, competency to proceed, and criminal responsibility evaluations, as well as violence and sexual violence risk assessments. Currently, Dr. Alexander is a Clinical Assistant Professor at the University of Denver's Graduate School of Professional Psychology and the Denver Forensic Institute for Research, Service, and Training (Denver FIRST). Her research interests are focused in the areas of violence, victimization, and forensic assessment.