

SHAPING THE FUTURE

2019 ATSA Conference | Thursday November 7 | 1:30 PM – 3:00 PM

T-22

What's Next: Post Treatment Measures for High Needs Individuals with Intellectual Disabilities

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Since 1998, Vita Community Living Services has been providing treatment intervention to individuals with an Intellectual Disabilities and a history of sexual offending behavior. Vita offers a multidisciplinary approach to treatment involving partnerships with other community agency's, hospitals and facilities in order to continue to provide and develop services that are not only focused on best practices, but also on progressive, effective, forward-looking service. Treatment occurs in a highly structured, secure setting which includes significant precautionary measures, and high staffing levels. Success rates for these men are extremely high while in the program, but then the question arises: "what's next?"

It is well known that individuals with Intellectual Disabilities can and do benefit from treatment for sexually offensive behaviour. The question then becomes, what happens after treatment for those who while successful in a structured therapeutic setting continues to need exactly those structures to continue their success and maintain safety for those in their communities. The transition from a highly structured secure residential treatment program into a community-based support system can be highly challenging, especially in a sector that is underfunded and at times ill-prepared to support these individuals (Brenner 2014).

The focus of this presentation will be the development of long-term maintenance programs for intellectually delayed offenders. How to build programs that are structured and supportive of the needs of the individual post treatment, but with a focus on supporting and maintaining skills while becoming members of their communities. Particular focus will be on staff training, physical precautions and the importance of collaboration between clinical supports, residential support and management.

Learning Goals:

- Participants will leave with an outline of basic needs for the development of maintenance programs.
- Participants will leave with an understanding of the importance of staff training for maintenance programs.

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- Participants will leave with clear guidelines on how to support collaboration between clinical, staff teams and management.

Katie Miller, DSW is a Behaviour Therapist at Vita Community Living Services' working primarily with homes for men with intellectual disabilities and / or dual diagnosis who offend sexually. Katie has been in this role for the past 2.5 years, and has worked in the field of Intellectual Disability and offending behaviour for the past 10 years.

Miranda Khenchand, B.A is a Behaviour Therapist at Vita Community Living Services' working with a wide range of individuals with Intellectual Disabilities and / or Dual Diagnosis, including those who have offended sexually. Heather has been in this role for the past two and a half years, and has been committed to the disability sector for the greater part of her career.

Kehinde Balogun, DSW has worked for Vita Community Living services for more than 10 years, as first a Direct Support Professional, and then as a Program Supervisor. Kehinde has dedicated his career to supporting individuals with considerable behavioural support needs, and also those with sexually offending behaviour.