

SHAPING THE FUTURE

2019 ATSA Conference | Friday November 8 | 10:30 AM – 12:00 PM

F-08

Strengths-Based SOS Services: 41 Interventions for At-Risk (At-Promise) Clients

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If we want clients to learn how not to be sexually abusive, we need to do more than just teach them ‘what not to do’, we need to teach them ‘what to do’. There is growing evidence for the importance of embracing a strengths-based, prosocial orientation within the field of sex offense-specific (SOS) services, in order to create a psychologically safe environment that targets both risk management and health promotion. This presentation will introduce participants to 41 strengths-based interventions that target six areas--Relationship development, Optimistic Attitude development (Hope), Asset development, Prosocial development, Intellectual development, and Provider/caregiver development.

Learning Goals:

Upon completion of this educational activity, participants will be able to...

- Define ‘what is’ a Strengths-Based Approach
- Gain knowledge of specific interventions that promote healthy development as it relates to relationships, hope, strengths/assets, prosocial actions, intellectual growth, and provider self-care.
- Acquire strategies for engaging and motivating clients & families in SOS services.

Kevin M. Powell, Ph.D. is a licensed psychologist in Colorado, USA. Dr. Powell has been providing assessment and treatment services to at-risk (at-promise) children, adolescents, young adults, and their families for the past three decades in multiple settings (schools, community-based youth service agencies, hospital, and correctional/ residential facilities). He is also an adjunct faculty at Colorado State University in the Department of Psychology where he provides clinical supervision, lectures, and is conducting research on protective factors associated with resiliency in youth and adults. Dr. Powell has authored several book chapters and a book, *A Strengths-Based Approach for Intervention with At-Risk Youth (2015)*, which focuses on strengths-based, relationship-based, holistic services. He also has a children's book, *Our Very Special Bodies (2014)*, which is a primary prevention tool that increases children's knowledge about their bodies and promotes open communication within families to help reduce the risk of childhood sexual victimization. Dr. Powell presents nationally and internationally on a variety of strengths-based topics to help human service providers and educators promote healthy, resilient child, adolescent, and adult development. Additional information can be found at www.kevinpowellphd.com.