

SHAPING THE FUTURE

2019 ATSA Conference | Wednesday November 6 | 8:30 AM – 12:00 PM

A-15

Healthy Sexuality: A Critical Component to Address Future Sexual Violence

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The Oregon Attorney General's Sexual Assault Task Force

Promoting healthy sexuality and equity are key factors in preventing future acts of sexual violence. This requires balancing sexual health promotion and the continuum between exploitation and empowerment when it comes to things like pornography, sex work, and technology. In this interactive workshop, we will practice health promotion skills and strategies that enhance our practice and help each of us address biases that we may bring into sexual violence intervention and prevention work. Participants will leave with handouts and web resources to assist them in their continued work.

Learning Goals:

- Upon completion of this educational activity, participants will be able to explain why sexual health promotion is critical to prevent future acts of sexual and other forms of violence.
- Upon completion of this educational activity, participants will be able to identify at least four different components of sexual health promotion that are a fundamental part of sexual violence prevention.
- Upon completion of this educational activity, participants will be able to provide a dynamic and inclusive definition for healthy sexuality that also addresses the intersections between sexuality, pornography, and technology.
- Upon completion of this educational activity, learners will be better able to identify and utilize at least two different sexual health promotion strategies that they could incorporate into their work.
- Upon completion of this educational activity, learners will be better able to identify at least two different personal biases that may impact how they approach sexual health with different communities they work with and within.
- Upon completion of this educational activity, learners will be better able to describe the continuum of empowerment and exploitation and how this impacts their work.

Megan Foster, Prevention Program Coordinator. Megan Foster joined the SATF team in June 2015. Since that time, she has worked to support prevention efforts across the state, and foster better multidisciplinary prevention partnerships statewide to build a culture of prevention across the lifespan throughout Oregon. Prior to joining SATF, Meg taught violence prevention and healthy relationships classes in middle and high schools in Oregon.

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Meg also spent two years in Rwanda as a community health and development associate for the United States Peace Corps where she provided support for public health campaigns in the rural community of Kitabi. At the University of Oregon she worked for an organization aimed at reducing the risk of sexual assault for students and staff, while she earned degrees in Public Policy, Planning and Management as well as Journalism and Communications.

Pronouns: She/he/hers. Specialty Areas: Comprehensive Prevention, Sexual Health Promotion, Men's Engagement, Prevention Across the Lifespan.