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2018 ATSA Conference | Thursday October 18 | POSTER

Developmentally-Informed Treatment for Adolescents with Sexual Behavior Problems

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The California Department of Juvenile Justice, Department of Corrections and Rehabilitation, underwent a complete redesign and implementation of its treatment program for adolescents with sexual behavior problems. Based on the most current research on adolescent brain development, risk and needs, and evidence-based practices, the new treatment program reflects a significant departure from its former model. The model is rooted in cognitive-behavioral theory, incorporates motivational approaches, and is developmentally-sensitive to address the unique needs of adolescents. This session will introduce practitioners, administrators, and other juvenile justice professionals to the model. Participants will learn how the treatment addresses critical issues such as adolescent brain development, trauma, motivation, and various complex issues related to juvenile offending. The implementation process is discussed including challenges and successes, and the current status of the model since its implementation in other systems, community- and court-based programs, and probation programs.

Nancy G. Calleja, PhD, LPC is currently a Professor and Chair in the Department of Counseling and Addiction Studies at the University of Detroit Mercy, and Clinical Director of Spectrum Human Services, Inc. & Affiliated Companies. Dr. Calleja has practiced in juvenile justice and child welfare for more than 25 years as a clinician, program director, and administrator. Dr. Calleja has developed several comprehensive treatment programs for youth and adults involved in the juvenile justice and child welfare systems, as well as for individuals with serious mental health and substance abuse issues. She specializes in the clinical treatment of juveniles with sexual behavior problems. Dr. Calleja has received more than \$5M in federal funding for program development and research. Dr. Calleja consults nationally with governmental and non-profit organizations on business planning, program development and program evaluation.

Heather C. Bowlds, PsyD is the Deputy Director of the Department of Juvenile Justice (DJJ), California Department of Corrections and Rehabilitation. Dr. Bowlds has been with the DJJ for more than 18 years, previously serving as the Associate Director of Mental Health Services, Program Coordinator of the Sexual Behavior Treatment Program, and Senior Psychologist. She graduated with a doctorate degree in Forensic Psychology from

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the California School of Professional Psychology. For more than thirteen years, Dr. Bowlds has specialized in the treatment of adolescents who have engaged in sexually abusive behavior. In 2014, Dr. Bowlds was presented with the Christine M. West Award, in recognition of appreciation of significant contributions made to the field of forensic mental health by the Forensic Mental Health Association of California.