

BETTER TOGETHER

2018 ATSA Conference | Wednesday October 17 | 1:30 PM – 5:00 PM

P-21

Risk Needs and What?!?!?! Strategies to Address Responsivity with an Intellectual Disability Population

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In this clinical workshop, we will present an innovative and creative treatment format developed and used with dually diagnosed individuals (multiple disabilities and mental health) that exhibit concerning sexual behaviors. This treatment program combines traditional mental health rehabilitation with a newly developed CBT based group treatment program. This advanced treatment approach was created and developed to meet the needs of an intellectually delayed (ID) population charged and convicted for their sexual offending behavior. Treatment recommendations are based on specialized assessments focusing on risk management and community reintegration. This treatment approach has expanded to include ID individuals who are not charged/convicted, but also engage in inappropriate sexual behavior. This workshop is designed for practitioners that are familiar with traditional methods of CBT therapy and are looking to extend their practical applications. The presented strategies are designed to augment responsivity with an ID population.

Learning Goals:

- Upon completion of this educational activity learners should be better able to understand how CBT techniques can be adapted to an ID population.
- Upon completion of this educational activity learners should be better able to have an understanding of program modules that have been developed and delivered to a community based ID population focusing on inappropriate sexual behaviors.
- Upon completion of this educational activity learners should be better able to explore innovative and responsive educational activities to enhance clients' understandings of basic sexual offending behaviors.
- Upon completion of this educational activity learners should be better able to facilitate in experiential learning activities with practical applications to improve engagement and retention of information for individuals with intellectual, developmental, and social disabilities.
- Upon completion of this educational activity learners should be better able to conceptualize a client-centered workbook applicable to addressing this population's specific needs.

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- Upon completion of this educational activity learners should be better able to critically reflect on how to further evaluate the responsiveness in treatment with an ID population and develop ideas that will advance this practice area.

Frances Ross MSW, RSW has been a Social Worker at Forensic Assessment and Community Services (FACS) for the last 10 years and holds a position on the sexual violence team. She currently facilitates group and individual therapy that focuses on inappropriate sexual behavior. She has developed and structured a sexual behaviours program specifically for intellectually delayed individuals. She is a professor at MacEwan University in the School of Social Work.

Christian Bandayrel BScN, RN is a Registered Nurse at Forensic Assessment and Community Services. He facilitates group therapy and individual counselling for those that have been convicted of a sexual offence. Working within a multidisciplinary team, he is instrumental in the process and administration of pharmacological interventions. In addition, his caseload is specialized to include high risk sex offenders that are monitored by the local authorities (Behavioral Assessment Unit- Edmonton Police Service).