

BETTER TOGETHER

2018 ATSA Conference | Wednesday October 17 | 1:30 PM – 5:00 PM

P-19

Understanding and Treating Urges and Fantasies

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This workshop will define and review the concepts of urges and fantasies informed by recent research by our group. We will discuss how these constructs inform behavioral and pharmacological treatment approaches for sexual offenders. The mechanisms of action of these treatment options will be reviewed. Medications discussed will include common psychopharmacological agents and the antiandrogens. Additionally, novel treatments that have been proposed such as the use of opiate antagonists to treat problematic urges will be examined. We will also review the rates of comorbidity of other psychiatric disorders and the evidence-based approaches to treating these disorders in this population.

Learning Goals:

- Upon completion of this educational activity, learners should be better able to discuss evidence for uncontrollable sexual urges and fantasies.
- Upon completion of this educational activity, learners should be better able to enumerate the behavioral treatments for sexual offenders.
- Upon completion of this educational activity, learners should be better able to discuss ethical issues that make the use of the gold standard studies of medications, the double-blind placebo-controlled trials difficult to undertake in this population.
- Upon completion of this educational activity, learners should be better able to discuss the current algorithms for the treatment of sexual offenders.
- Upon completion of this educational activity, learners should be better able to understand the levels of evidence that support these algorithms.
- Upon completion of this educational activity, learners should be better able to understand mechanism of action of the medications used in the treatment of sexual offenders.

Nancy Raymond, MD is a Professor in the Department of Psychiatry and Associate Dean for Faculty Affairs and Development at University of Wisconsin—Madison School of Medicine and Public Health. For many years, she was a Professor in the Psychiatry Department at the University of Minnesota Medical School and on the faculty of the Program in Human Sexuality (PHS) in the Department of Family Medicine and Community

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Health. Over the course of her research career, she has focused on disorders where control of urges to engage in problematic behavior is a central feature of the disorder. Initially she focused her work on bulimia nervosa and binge eating disorder. Upon joining the faculty of the PHS, she became interested in the how compulsivity, impulsivity and control over problematic urges played a role in compulsive sexual behavior (CSB) and paraphilias. With collaborators Michael Miner, PhD and Eli Coleman, PhD she has published on the nature of CSB and the novel use of naltrexone to decrease urges to engage in problematic behaviors. She also served as the Principal Investigator of the Building Interdisciplinary Careers in Women's Health (BIRCWH) K-12 training grant through three successful submissions and has mentored numerous junior faculty to become successful women's health researchers.

Dr. Michael H. Miner is Professor of Family Medicine and Community Health and Research Director for the Program in Human Sexuality at the University of Minnesota Medical School. His career has involved the application of psychological methods and statistics in the prevention and treatment of substance abuse, cardiovascular disease, child sexual abuse, and HIV infection. He began his research in sexual aggression as the experimental psychologist for the Sex Offender Treatment and Evaluation Project at the California Department of Mental Health and has continued exploring causes of sexual perpetration in adolescent males since joining the faculty of the Program in Human Sexuality. Dr. Miner is immediate Past President of ATSA and past Vice President of the International Association for the Treatment of Sex Offenders.