

BETTER TOGETHER

2018 ATSA Conference | Wednesday October 17 | 8:30 AM – 12:00 PM

A-10

On Being a Clinical Supervisor: The Importance of Mentorship, Role of the Supervisor and Supervision Approaches & Strategies

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While there are increased opportunities for training, much of the learning related to assessing and treating sexual offending behaviour occurs 'on the job.' Clinical supervision can assist in the development of young or new clinicians, support and build skills for non-mental health professionals providing intervention and offers seasoned clinicians opportunities for ongoing professional development. Clinical supervision can transmit knowledge, teach skills, support case problem solving and attend to self-care.

This workshop will be interactive and discussion-based with participants sharing their knowledge and experiences related to providing and/or receiving clinical supervision. Issues discussed will include: models, modalities and styles of supervision; factors impacting supervisee and supervisor relationships; strategies for developing assessment, treatment and self-care skills for clinicians; and navigating challenges faced by clinical supervisors.

Learning Goals:

- Upon completion of this educational activity, learners should be better able to identify and understand the responsibilities and functions of a clinical supervisor.
- Upon completion of this educational activity, learners should be better able to identify different supervision modalities and the strengths and challenges associated with them.
- Upon completion of this educational activity, learners should be better able to understand different approaches for clinical supervision.
- Upon completion of this educational activity, learners should be better able to identify and understand 'best' and 'worst' practices in supervision.
- Upon completion of this educational activity, learners should be better able to understand the importance of and strategies to develop a working alliance in supervisory relationships.
- Upon completion of this educational activity, learners should be better able to understand and respond to wellness issues to support staff they are supervising deal with the stressors and impact of working with clients with sexual behaviour problems and sexual offending behaviour (e.g., vicarious trauma, transference/counter-transference, compassion fatigue).

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Dr. Lawrence Ellerby is a forensic psychologist who has provided clinical services to violent and sexual offenders since 1987; working in correctional, mental health and community settings. He is the Clinical Director at Forensic Psychological Services, a practice specializing in the assessment and treatment of high risk/high need offenders. Lawrence is a consultant to the Canadian Center for Child Protection and the Royal Canadian Mounted Police's Crisis Negotiation Team. He co-Chairs the Clinical & Research Advisory Group for INTERPOL'S Specialist Group on Crimes Against Children and was previously Chair of the Sex Offender Management section of this Specialist Group. He is a past President of the Association for the Treatment of Sexual Abusers and has served as a lecturer for the Canadian Police College. Lawrence is a Lecturer for the Department of Psychiatry at the University of Manitoba, has published articles and book chapters related to working with violent and sexual offenders and has given invited addresses in Canada, the United States and Europe. He is a past recipient of the Canadian Criminal Justice Association's National Crime Prevention Award. Most importantly, he is a recent PaPa to the world's most extraordinary granddaughter, has an amazing family who keeps him on his toes and adores (most of the time) his insecurely attached dog, Jake.